

## **Team Building**

**HOW OUR COURSE IS DIFFERENT:** “Impossible is ‘I m Possible’ for a Motivated and synergised team” is the theme of our program. This program will help in motivating the new as well as the old employees alike and help to retain them better. The entire program is based on different outbound and class- room games, which are especially designed to check and improve the mental and physical bonding amongst the team

### **COURSE COVERAGE & STRUCTURE:**

#### **For 1 day in-house program**

- ✓ Introduction and Expectations
- ✓ Motivational Video
- ✓ Importance of team
- ✓ Web Game
- ✓ PDCA and SDCA cycle
- ✓ Team Roles
- ✓ SWOT
- ✓ Trust Walk and trust fall
- ✓ Team Game
- ✓ Johari’s Window
- ✓ Question and Answer Session

#### **For 3 – 4 days Out bound program**

- ✓ Introduction and Expectations
- ✓ Motivational Video
- ✓ Importance of team
- ✓ Team Roles
- ✓ SWOT
- ✓ River Rafting or Rock Climbing
- ✓ Trekking
- ✓ River Crossing (optional)
- ✓ Web Game
- ✓ PDCA and SDCA cycle
- ✓ Trust Walk
- ✓ Blind Fold Exercises
- ✓ Walk the moon Exercise
- ✓ Johari’s Window
- ✓ Question and Answer Session

#### **Training Methodology:**

Practical approach using video, role-plays, exercises, group-discussions and lecture