

## **Inter-personal Relations**

**COURSE OBJECTIVE:** The purpose of this course is to develop good inter-personal relations among the participants. Our program covers not just the basic theory but also the practical aspects of inter-personal relations with examples, practical solutions (alternatives), case studies, group discussion and video. Topics such as Perception, FIRO-B testing and Empowering belief help the participants to introspect, understand themselves better and in turn improve their inter-personal relations

**RECOMMENDED COVERAGE:** All employees

**PREREQUISITE REQUIREMENT:** As per organizational need

### **COURSE COVERAGE & STRUCTURE:**

- ✓ Introduction and Expectations
- ✓ Coincidence Game
- ✓ Think positive
- ✓ Task Vs. Relationship
- ✓ Role plays on task vs. relationship
- ✓ Perception
- ✓ Persona
- ✓ Game of Secret Friend
- ✓ My Relationship with “X”
- ✓ Understanding your beliefs
- ✓ How to develop and maintain relations
- ✓ FIRO-B testing
- ✓ Question and Answer session

### **COURSE METHODOLOGY:**

Entire course will be based on interactive discussions with examples, exercises and role- play